# A quick Mac OS X primer

This website is intended to be a Mac OSX primer for workshops in Theoretical and Computational Biophysics.

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#### **General Shortcuts**

Shortcut Keys	Explanation
<b>#</b> + q	Quit current application
₩ + w	Close current window
₩ + "tab"	Switch to previous program window
₩ + n	New window for current application
₩ + s	Save to file (as appropriate for current application)
<b>#</b> + .	Stop a process
"option" + \mathcal{H} + "esc"	Force quit a process
₩ + c	Сору
₩ + v	Paste
₩ + x	Cut
# + "option" + "control" + 8	Switch to white-on-black or black-on-white
₩ + f	Find words in a text file, or find files in Finder
₩ + "shift" + 4	Takes a screenshot of a selected area
F9	Use Expose to show all the open windows
F10	Use Expose to show all the open windows in an application
F11	Use Expose to hide all the open windows and show the desktop

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### How to open VMD

#### To open VMD:

- 1. In Finder, click on Applications.
- 2. In Applications, find the VMD icon (fig.1) and double-click on it.



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## How to open Spartan

#### To open Spartan:

- 1. In Finder, click on Applications.
- 2. In Applications, find the Spartan icon (fig.2) and double-click on it.



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## How to open MOE

- 1. In Finder, click on Applications.
- 2. In Applications, find the X11 icon and double-click on it.
- 3. X11 will launch and a new terminal window(fig.3) will appear. At the commandprompt, type the following:

/usr/local/moe/bin/moe



# How to open Mathematica

To open Mathematica:

- 1. In Finder, click on Applications.
- 2. In Applications, find the Mathematica icon (fig.4) and double-click on it.



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## How to open Safari

To open Safari:

- 1. In Finder, click on Applications.
- 2. In Applications, find the Safari icon (fig.5) and double-click on it.



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## **How to open TextEdit**

To open TextEdit:

- 1. In Finder, click on Applications.
- 2. In Applications, find the TextEdit icon (fig.6) and double-click on it.



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Macinstruct: Introduction to Mac OS X Macinstruct has a variety of tutorials and can be accessed at http://www.macinstruct.com/.

#### Official Apple 10.3 Panther introduction Manual

This pdf is the official Apple 10.3 welcome manual.

#### Powerbook Specs

Official Apple website that lists the Powerbook specifications.

On the Prowl with Panther: A Free Orientation to Mac OS X version 10.3

This is a series of Quicktime snippets explaining features of OS 10.3 (panther) in detail!

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