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Theoretical and
Computational
Biophysics
Workshops:
Training for the
New Discipline

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Theoretical and Computational Biophysics Group

Beckman Institute for Advanced Science and Technology University of Illinois at Urbana-Champaign

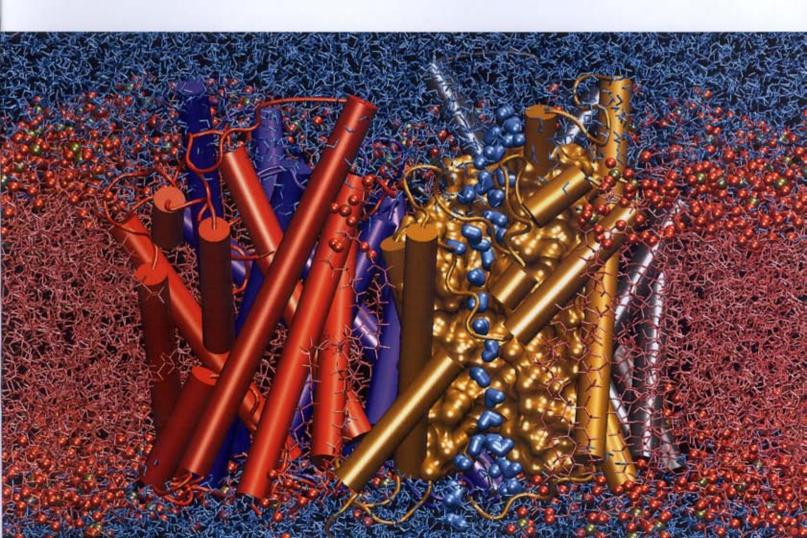
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hile the life sciences are perhaps the oldest area of human inquiry, the field is still evolving. Today quantitative and computational methods are joining traditional experimental methods, and the combination is opening new areas of research and enabling new discoveries.

"We see the life sciences transformed into a new discipline," says Klaus Schulten, the leader of the Theoretical and Computational Biophysics Group at the University of Illinois at Urbana-Champaign. "We have to take account of this change not just in research but also in education. What is in the research lab today is applied tomorrow in medicine and industry, so we have to train students to deal with quantitative information and computational methods."

Schulten's group, funded as a National Institutes of Health Resource for Macromolecular Modeling and Bioinformatics, is addressing this educational need through hands-on workshops, which have been supported by the National Institutes of Health, the National Science Foundation, and the National Center for Supercomputing Applications. Through these workshops, graduate students, postdocs, and other researchers are able to extend their skill-set to include computational simulation and modeling techniques using the NAMD and VMD software developed by Schulten's group.



2.

Workshops combine theory with hands-on experience

we really feel that you cannot teach just by lecturing; you have to teach through hands-on examples," explains Schulten. Therefore, the workshops combine lectures on concepts with the practical application of computational methods guided by tutorials that allow participants to explore the examples on their own under the watchful eyes of teaching assistants and lecturers.

"This is the most effective way of learning modeling techniques," says Emad Tajkhorshid, the assistant director of research for the NIH Resource.

After the 2003 workshop, the tutorials, along with all the required data and software, were loaded on laptop computers and provided for participants to use throughout

the workshops taught in 2004-2005. This uniform computing environment allows the instructors and workshop participants to avoid obstacles caused by heterogeneous equipment.

The laptops furnished to users also provide portability; by shipping the machines, the workshops can be (and have been) conducted at any location. This enables a wide range of scientists to participate in the workshops.

Hands-On Workshop Series

The Theoretical and Computational Biophysics Group at the University of Illinois launched its workshop series in 2003 with a two-week summer school on the University's Urbana campus. The seven workshops that have been held across the country and even overseas have served more than 200 scientists.

- July 2003 Summer School, Urbana
- June 2004 Workshop in Perth. Australia
- November 2004 Hands-On Workshop in Urbana
- December 2004 Hands-On Workshop in Boston
- May 2005 Hands-On Workshop in Lake Tahoe
- . June 2005 Hands-On Workshop in Chicago
- June 2005 Hands-On Workshop in San Francisco

For more information: http://www.ks.uiuc.edu/Training/Workshop/

Lectures lay a firm foundation

The workshops begin every morning with lectures from experienced researchers, including Klaus Schulten, Zan Luthey-Schulten, and Emad Tajkhorshid. These lectures provide participants with a foundation in the theory behind computational simulation and modeling, examples of the research problems these techniques can effectively address, and descriptions of the use of the software developed by Schulten's group, NAMD and VMD. These programs are widely used in the life sciences community, with more than 60,000 registered users.

NAMD is a parallel molecular dynamics code designed for high-performance simulation of large biomolecular systems. VMD is a molecular visualization program for displaying, animating, and analyzing large biomolecular systems using 3D graphics. Together, NAMD and VMD form a powerful simulation and visualization environment that is used by tens of thousands of scientists around the world.



Klaus Schulton



Zan Luthey-Schulten Emad Tajkhorshid

Tajkhorshid, pointing out that the lectures employ numerous examples to connect the topics to real-world research. "I try to walk participants through one concrete project – how we set up a simulation, how we looked at a system, and how we analyzed the results."

"I try to be as practical as possible," says frequent instructor

Typical lecture schedule

Day 1: Introduction to Protein Structure and Dynamics

Molecular Graphics Perspective of Protein Structure and Function Molecular Dynamics Methods

Day 2: Statistical Mechanics of Proteins

Equilibrium Properties of Proteins Using NAMD Simulated Cooling of Proteins Temperature Echoes

Bay 3: Introduction to Bioinformatics

Evolution of Protein Structure Sequence and Structure Alignment Algorithms Bioinformatics of Aquaporins

Day 4: Parameters of Classical Force Fields

Introduction and Examples Introduction to Classical Force Fields Methods of Parameterization

Day 5: Simulating Membrane Channels

Introduction and Examples
Transport in Aquaporins
Nanotubes



4. Self-directed tutorials provide first-hand experience

The tutorials are the core of the workshop experience. Building on the foundation established through the lectures, the interactive tutorials guide workshop participants through activities that familiarize them with the basics of the NAMD and VMD software and through examples of how to apply the techniques they have learned. The tutorials guide students through tasks that approximate actual research activities.

Because the tutorials are self-directed, students can work at their own pace and focus on topics that most closely correspond to their own research interests.

The first tutorials were developed for the workshop held in the summer of 2003. Graduate students in the group tackled this task because their level of expertise was not so far removed from that of the workshop participants. The experience of learning the software and techniques was fresh in their minds, so they could anticipate the needs and questions of the participants. As a result, the tutorials are accessible and user-friendly.

"The tutorials are based on what we would have wanted to know, what we wish someone had told us," says graduate student and workshop assistant Elizabeth Villa.

The tutorials are continually improved based on feedback from workshop participants. "We take great care in asking the participants for their evaluations, using their feedback to refine and improve," Schulten says. "The high quality and the successful execution is due to the tutorials being developed through the workshops over the past few years." New tutorials are regularly added to respond to learners' needs.

The tutorials are posted online, allowing participants to extend their learning beyond the workshops and enabling other learners to participate.

Tutorials

All of the tutorials developed by the Theoretical and Computational Biophysics Group at the University of Illinois are available online at http://www.ks.uiuc.edu/Training/Tutorials/.

Aquaporins with the VMD MultiSeg Tool

VMD Molecular Graphics
NAMD Tutorial
Parameterizing a Novel Residue
Evolution of Protein Structure Aspartyl-tRNA Synthetase
Sequence Alignment Algorithms
Topology File Tutorial
Stretching Deca-Alanine

Simulation of Water Permeation through Nanotubes

Researchers are trailblazers; they tackle novel problems, test novel techniques, and arrive as fresh discoveries. The generous trailblazers led by Schulten then share their knowledge with others.

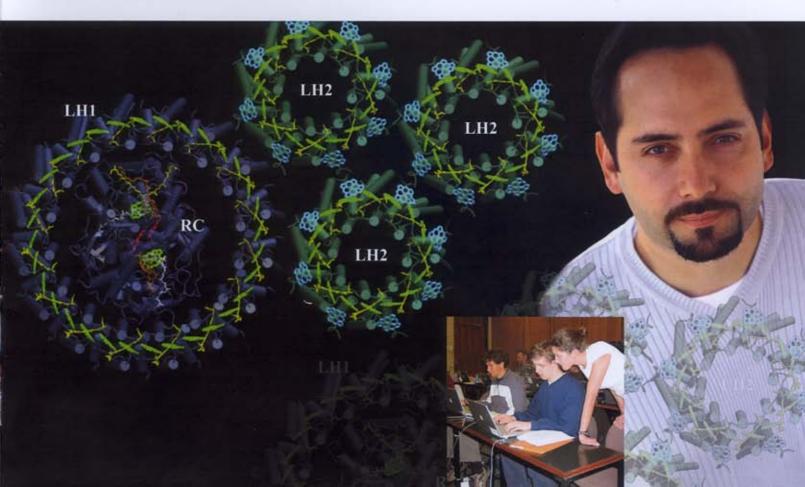
"I really felt that the learning curve was just too steep," says Luthey-Schulten, a professor of chemistry at the University of Illinois as well as a researcher with the University's Institute for Genomic Biology and the Beckman Institute for Advanced Science and Technology. "Even if you publish papers and tell people how you addressed a problem and got your results, people really need to come and sit next to you and try it themselves with the tools."

And that's just what happens during the workshops. The lectures are given by researchers with expertise in the theory, techniques, and software. The tutorials have been developed and refined by graduate students with first-hand experience conducting computational simulations and visualizing biomolecular systems using NAMD and VMD. And these same graduate students are available during the workshops to answer participants' questions and provide additional support.

"Modelling and computer simulation is an emerging field and it's growing quickly; there is more and more need for and interest in visualization and simulation," Tajkhorshid says. "It's really rewarding to see how effective the workshops are and how much practical knowledge you are transmitting to people who really need it."

The graduate students find that the workshops are a learning experience not just for those attending the workshops, but also for those assisting with them. During the workshops, the TAs field novel questions and see problems from new perspectives as they help the participants.

And the questions don't stop when the workshop ends. The partnerships between the mentors and mentees continues as the participants carry their new skills back to their own labs, to be applied to their own research. As questions arise, many will contact their TAs for advice and assistance.



The more than 200 students who have so far participated in the workshops come from diverse backgrounds and have a wide range of research interests. Many are graduate students or post-doctoral researchers, while others have more established careers. Most come from academic and research institutions, but some are from industry. Some are computationally oriented life scientists, while many others are experimentalists who are eager to gain computational skills to guide their future work. And of course the participants come from across the country and around the world.

"The diversity of the participants really reflects the degree to which the community needs computational tools and modeling," says Tajkhorshid.

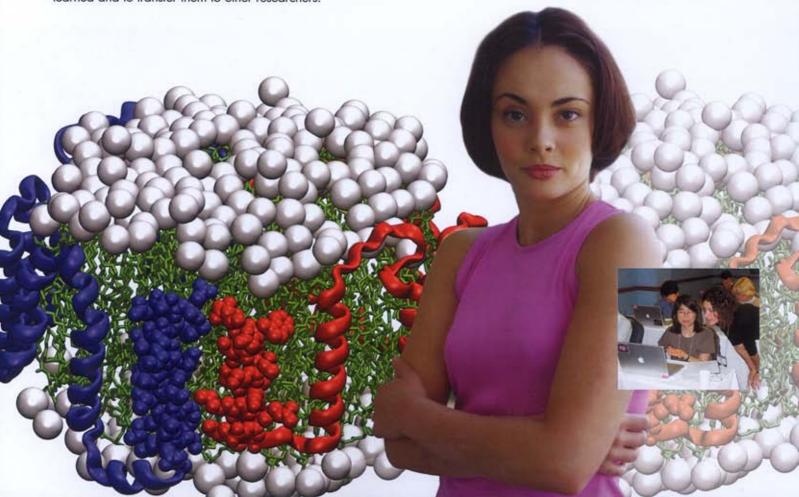
Some of the attendees arrive at the workshops with specific research issues with which they need assistance. Perhaps they have been trying to do computational research and have been stymied by technical roadblocks or simply by a lack of time to devote to acquiring the necessary skills. After the workshop, they return to their own labs able to apply the techniques they learned and to transfer them to other researchers.

"We wanted people to be able to start from scratch and end up being able to run a simulation," says Villa, a graduate student who has assisted at several workshops. The goal is to have the participants master the techniques required to set up and run a simulation, and to apply these techniques to their own research interests.

"This is a much faster, more systematic way of bringing students up to speed," Schulten says.

At the end of each day during each workshop, the participants were asked to evaluate the lectures and tutorials. And on the final day of each workshop, the students were asked to complete a more comprehensive evaluation of the workshop as a whole. The workshops have been highly praised by participants, who overall find them relevant, useful, and well-organized.

"When they leave the workshop, they really feel that they've become new kinds of scientists," Schulten says.



The Theoretical and Computational Biophysics Group complements its simulation and modeling workshops with workshops on the basics of cluster computing. After all, once researchers have gained computational skills, they need compute systems on which to conduct computational studies.

These cluster computing workshops familiarize users with the basics of designing, building, and deploying clusters of off-the-shelf PC components. In addition to the discussion of the ABC's of clustering, the workshop also includes the opportunity for participants to build a small PC cluster and to test their own applications.

"We would like to help people avoid the mistakes we made with our first cluster," says Jim Phillips, a senior research programmer in the TCB group and one of the cluster workshop instructors. To that end, Phillips and co-instructor Tim Skirvin, the administrator of the TCB group's in-house clusters, introduce workshop participants to the potential limiting factors that might influence what type of hardware they should install. Do they have a limited amount of space? If so, dual-core processors might allow them to pack more computational punch into a smaller footprint. Is memory bandwidth crucial to their applications? Maybe an SMP system is the way to go. A research group that is considering adding a cluster to its lab needs to consider how much space is available, how much current the cluster will draw, how the hardware will be cooled, etc.

"One of the nice things about clusters is that you build them to do your specific tasks well," Phillips said. A research group can tailor their cluster to their application and to work with any constraints they face.



8. Appendix A: Sample agenda

This sample agenda shows the program for the workshop held June 26-30, 2005 in San Francisco, California.

Sun, 6/26: Introduction to Protein Structure and Dynamics, K. Schulten

08:30-09:00 Breakfast

09:00-09:30 Opening Remarks

09:30-10:40 Molecular Graphics Perspective of Protein Structure

and Function

Coffee Break

11:00-11:50 Molecular Dynamics Method

11:50-12:00 Daily Q & A

Lunch Break

14:00-14:45 Overview of Hands-on Sessions

15:00-15:30 Molecular Graphics Tutorial

Coffee Break

15:45-18:00 Molecular Graphics Tutorial (continued)

Mon, 6/27: Statistical Mechanics of Proteins, K. Schulten

08:30-09:00 Breakfast

09:00-10:00 Molecular Dynamics with NAMD

10:00-10:40 Equilibrium Properties of Proteins

Coffee Break

11:00-11:50 Nonequilibrium Properties of Proteins

11:50-12:00 Daily Q & A

Group photo

Lunch Break

19:00-20:30 Molecular Dynamics Tutorial

Coffee Break

20:45-23:00 Molecular Dynamics Tutorial (continued)

Tue, 6/28: Introduction to Bioinformatics, Z. Luthey-Schulten

08:30-09:00 Breakfast

09:00-10:00 Introduction to Bioinformatics: Sequence, Structure,

and Alignment

10:00-10:40 Evolutionary Concepts in Bioinformatics

Coffee Break

11:00-11:50 Application of Bioinformatics

11:50-12:00 Daily Q & A

Lunch Break

14:00-16:30 Evolution of Protein Structure - Aspartyl tRNA

Synthetase

Coffee Break

16:45-18:00 Sequence Alignment Algorithms/Bioinformatics Study

of Aquaporins

Wed, 6/29: Parameters for Classical Force Fields, *E. Tajkhorshid*

08:30-09:00 Breakfast

09:00-10:00 Introduction to Classical Force Fields

10:00-10:40 Force Fields Parameterization

Coffee Break

11:00-11:50 Applications

11:50-12:00 Daily Q&A

Lunch Break

19:00-21:00 Parameterizing a Novel Residue

Coffee Break

21:15-23:00 Topology File Tutorial

Thu, 6/30: Simulating Membrane Channels, E. Tajkhorshid

08:30-09:00 Breakfast

09:00-10:00 Introduction and Examples

10:00-10:40 Transport in Aquaporins

Coffee Break

11:00-11:50 Nanotubes

11:50-12:00 Daily Q&A

Lunch Break

14:00-15:30 Nanotubes/IMD

Coffee Break

15:45-18:00 Stretching Deca-alanine/Open tutorial work time

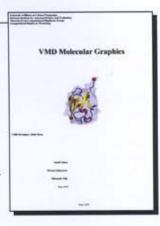
Appendix B: Sample tutorials

VMD Molecular Graphics

This tutorial, available online at http://www.ks.uiuc.edu/Training/Tutorials/#vmd, introduces new users to VMD and its capabilities. It can also be used as a refresher course for the occasional VMD user wishing to employ this program more productively.

The tutorial covers the basics of molecular graphics representations and will introduce everything you need to know to generate nice graphics. The tutorial also walks scientifically oriented users through the essentials of scripting in VMD, which provides powerful, easy-to-use tools that cannot be offered by a simple graphical user interface.

The examples in the tutorial focus on ubiquitin—a small protein with interesting properties.

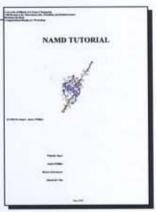


NAMD

This tutorial, available online at http://www.ks.uiuc.edu/Training/Tutorials/#namd, provides a first introduction to NAMD and its basic capabilities. It can also be used as a refresher course for the non-expert NAMD user.

The tutorial covers the initial steps of a molecular dynamics simulation, that is, minimization and equilibration of the system. The tutorial then goes on to introduce typical simulation techniques and the analysis of equilibrium properties. Finally, the tutorial deals with steered molecular dynamics and the analysis of unfolding pathways of proteins.

The examples in the tutorial focus on ubiquitin-a small protein with interesting properties.



Appendix C: Instructors and teaching assistants

Instructors:

Rommie Amaro Laxmikant Kale Michael L. Klein Ioan Kosztin Zan Luthey-Schulten Todd J. Martínez Patrick O'Donoghue James Phillips Tamar Schlick Klaus Schulten Robert D. Skeel Tim Skirvin Emad Tajkhorshid Elizabeth Villa

University of Illinois at Urbana-Champaign University of Pennsylvania University of Missouri University of Illinois at Urbana-Champaign New York University University of Illinois at Urbana-Champaign University of Illinois at Urbana-Champaign

University of Illinois at Urbana-Champaign

University of Illinois at Urbana-Champaign

Teaching Assistants:

Rommie Amaro
Anton Arkhipov
Jordi Cohen
Eduardo R. Cruz Chu
James Gumbart
Fatemeh Khalili-Araghi
Patrick O'Donoghue
Elijah Roberts
Marcos Sotomayor
Elizabeth Villa

University of Illinois at Urbana-Champaign University of Illinois at Urbana-Champaign



Top row, left to right:
Anton Arkhipov,
Elijah Roberts,
JC Gumbart,
Jordi Cohen.
Bottom row, left to right:
Rommie Amaro,
Elizabeth Villa,
Eduardo Cruz-Chu.

Appendix D: Workshop participants

Urbana, Illinois / July 2003

Name

Sandeep Agnihotri Karunesh Amra Walter Ash Rvan Bannen

TJ Brunette Don Burgess Richard Kramer Campen

Pinaki Chakraborty Eric Chancellor Chia-en Chang Yixin Chew

Jason de Joannis Matthew Diamond Richard Evans

Eileen Faucher Philip Fowler Ran Friedman **Emmanuel Giodice** Genetha Gray

Sergei Grudinin Anton Guliaev Randall Hall Scott Hampton

Bong-Gyoon Han Melinda Harrison Kaden Hazzard Jerome Henin Michael Hoffmann JuHvun Huh

Timothy Isaro Ask Frode Jakobsen Henry Jakubowski Lorant Janosi Shantenu Jha Craig Jolley

Mohammad Kaazempur-

Mofrad Tsutomu Kawatsu Dongwook Kim Taeho Kim Gemma Kinsella Christophe R. Koudella Olga Kravchenko Jer-Lai Kuo Han Liang Jianping Lin Zhanwu Liu Anne Loccisano Gustavo E. Lopez

Qun Ma James MacDonald Christopher Maupin

Jason McCov William Moser Sarah Mueller Parag Mukhopadhyay

Institution

University of Illinois at Urbana-Champaign University of Medicine & Dentistry of New Jersey New York University University of Calgary

University of Wisconsin-Madison University of Massachusetts, Amherst

Asbury College

Pennsylvania State University

University of Illinois at Urbana-Champaign

Vanderbilt University University of Maryland

University of Illinois at Urbana-Champaign

Emory University

Mount Sinai School of Medicine

University of Illinois at Urbana-Champaign

University of Washington University College London Tel Aviv University

Mount Sinai School of Medicine Sandia National Laboratories Forschungszentrum Juelich

Lawrence Berkeley National Laboratory

Louisiana State University University of Notre Dame Lawrence Berkeley National Laboratory

Duquesne University Ohio State University Universite Henri-Poincare

University of Paderborn

Pohang University of Science and Technology University of Illinois at Urbana-Champaign University of Southern Denmark

College St. Benedict/St. John's University University of Missouri, Columbia University College London

Arizona State University Massachusetts Institute of Technology

Duke University

Pohang University of Science and Technology

University of Toronto Trinity College Dublin University of Cambridge University of California at Davis University of Pennsylvania Princeton University Duke University University of Pittsburgh Duquesne University

University of Puerto Rico at Mayaguez

University of Notre Dame

Birkbeck College, University of London

University of Utah

University of Wisconsin, Madison Illinois Wesleyan University

Duquesne University University of Calgary Navaratnam Namachchivaya Surendra Singh Negi Steve Nielsen Patrick O'Donoghue Vanessa Ortiz

Elif Ozkirimli Sterling Paramore Ognjen Perisic

Tatiana Prytkova Yamini Purohit

Zhen Qin Jasmina Sabolovic

Gayle Schulte Elad Segev Anurag Sethi

Deniz Sezer William Sheffler Jacob Sonne Marcos Sotomayor

Scott Stagg Thomas Steinbrecher

Jin Tao

Ioannis Tziligakis Ana Vila Verde Jean-Marc Vuissoz

Amy Waligorski Jin Wang Xiaofei Wang Yanli Wana

Christopher Wassman Norbert Welsch

Kirk Williams Miriam Wodrich Guosheng Wu Jiancong Xu

Degiang (David) Zhang Jieru Zheng

University of Illinois at Urbana-Champaign School of Health Information Sciences University of Pennsylvania

University of Illinois University of Pennsylvania Purdue University University of Utah

University of Illinois at Chicago

Duke University

University of Illinois at Urbana-Champaign

University of Utah

Institute for Medical Research and Occupational Health

Pfizer

Hebrew University of Jerusalem

University of Illinois

Cornell University / Cornell Medical School

Brown University

Technical University of Denmark

University of Illinois at Urbana-Champaign

Georgia Institute of Technology Universitaet Freiburg

Rutgers

University of Illinois University of Minho

University Hospital of Bern (Switzerland)

Duquesne University

Citigroup/SUNY at Stony Brook

Princeton University University of Toledo

University of California at Irvine

Eberhard Karls Universität Tübingen Germany Tulane University

University of York Eli Lilly and Company University of Utah

University of California at San Diego

Australian National University

Australian National University

Duke University

Perth, Australia / June 2004

Name

Mark Abraham Heman Alonso Denis Ballantyne David Chandler Ben Corry Paul Ellery Joel Gilmore Sara Hackett Marta Hallay-Suszek Joyanne Kelly Abigail Klopper Michael Le Page

Allan McKinley

Grischa Meyer

Corrine Porter

Jennifer Riesz

Ben Powell

Mahsa Mooranian

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Jason Schmidberger Mahiooba Sidigi Donald Thomas Julian Vivian Jackie Wilce Mathew Wilce

University of Queensland University of Western Australia University of Western Australia University of Western Australia University of Western Australia University of Western Australia

Michigan Technological University

Urbana, Illinois / November 2004

Vasyl Aleksenko Bogdan Barz Violeta Beleva Nitin Bhardwai Michael Bradley Baogiang Cao Yong Jiang Harindar Keer Heike Meiselbach

Murtaza Mogri Lacramioara Negureanu Rene Nome Ole Olsen Soumya Patnaik Laura Rowe Goundla Srinivas Seiichiro Tanizaki Anne Tuukkanen Ioannis Tziligakis Michael Yonkunas Wanhua Zhao

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Boston / December 2004

Name

Marcela Aliste James Apgar Gokhan Caliskan Levla Celik Blake Charlebois Christopher Glosser John lo Basak Isin Ekta Khurana Seung Lee Edward Lyman Shane Nelson Lina Nilsson Steve Presse John Robinson Edina Rosta Gauray Sharma Arvind Sivasubramanian

Institution

Massachusetts Institute of Technology Johns Hopkins University University of Aarhus University of Toronto Southern Illinois University Dell. Inc. University of Pittsburgh University of Pennsylvania Massachusetts Institute of Technology University of Pittsburgh University of Wyoming University of Washington Massachusetts Institute of Technology University of Alabama at Birmingham Ectvos University, Hungary Northeastern University Johns Hopkins University University of Pittsburgh School of Medicine University of Maine

Georgia Institute of Technology

Lake Tahoe / May 2005

Name

Nuri Temiz

Marty Ytreberg

Anton Burykin Andrea Catte Kevin Facemever Jesus Fernandez

Institution

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Samuel Flores Biff Forbush Kim Gunnerson Mark Harder Ville Kaila Karina Martinez Justin McDowell Anna Modzelewska Elad Project Shahid Qamar Jared Schrader Jufang Shan Aleiandro Valbuena Robert Wiese Ying Yin Huamin Zhang

Yale University Yale University, Cellular and Molecular Physiology University of Washington Oregon State University University of Helsinki Mayorga University of Arizona Florida A&M University International Institute of Molecular and Cell Biology Tel Aviv University Arizona State University Northwestern University St. Jude Children's Research Hospital Caial Institute of Neurobiology University of Nevada University of Illinois

Chicago / June 2005

Name

Robert Bryce Christohper Calderon Julio Cordero Naranbaatar Dashdori Laura Domínguez-Dueñas Assaf Ganoth Alexander Karpikov Chien-Tsun Kuan Pick-Wei Lau Chunhui Li Arpita Mitra Ersin Emre Oren Reid Ormseth Deepangi Pandit Sheldon Park Vojislava Pophristic Andrew Shih Arne Strand Valeria Vasquez

Institution

Purdue University

University of Alberta Purdue/Princeton University of Virginia Purdue University Universidad Nacional Autónoma de México Tel Aviv University Yale University Duke University Medical Center University of Arizona Northwestern University Washington University University of Washington Air Force Research Laboratory New Jersey Institute of Technology University of Pennsylvania University of the Sciences in Philadelphia University of Pennsylvania Howard Hughes Medical Institute University of Virginia Illinois State University

San Francisco / June 2005

Sharon Weldon

Name

Bo Yang Baker Christopher Chang Gerardo Cisneros Frank Cochran Coray Colina Matthew Downton Donald Engel Haixiao Gao Leo Kinarsky Piotr Koprowski Noriyuki Kurita Deborah Kuzmanovic Dmitry Lupyan Neelan Marianayagam Jeffrey Miller Irina Moreira Eric Peterson Birgit Schiott

Darren Segall

Su-Hsiu Wu

Institution

University of California, San Francisco National Renewable Energy Laboratory National Institute of Environmental Health Sciences Stanford University University of North Carolina Simon Fraser University University of Pennsylvania Howard Hughes Medical Institute University of Nebraska Medical Center University of California, Berkeley Toyohashi University of Technology Geo-Centers/U.S. Army Mount Sinai School of Medicine University of California, Berkeley Sangamo BioSciences, Inc. Faculdade de Ciências da Universidade do Porto California Institute of Technology Aarhus University California Institute of Technology

University of Rhode Island

12. Appendix E: Evaluation highlights

Urbana, Illinois / July 2003

- More than 87 percent of those participants who evaluated the summer school workshop said the experience broadened their understanding of concepts and principles of computational and theoretical biophysics.
- More than 80 percent believed the workshop improved their ability to carry out original research in computational and theoretical biophysics
- More than 50 percent said the workshop significantly improved their computational skills.
- More than 85 percent said the workshop taught them techniques that were directly applicable to their careers.
- More than 87 percent felt the workshop was relevant to their research
- More than 95 percent said the hands-on tutorials were a crucial part of the learning process.

Perth, Australia / June 2004

- 100 percent of the participants who responded said the workshop broadened their understanding of concepts and principles in computational and theoretical biophysics
- 95 percent said the workshop improved their ability to carry out original research in computational and theoretical biophysics
- 85 percent said the workshop significantly improved their computational skills
- 65 percent believed the experience taught techniques that were applicable to their careers
- 70 percent thought the workshop was relevant to their research
- 100 percent said the hands-on tutorials were an important part of the learning process

Urbana, Illinois / November 2004

- More than 76 percent of the participants who responded said the workshop broadened their understanding of concepts and principles in computational and theoretical biophysics
- Over 86 percent said the workshop improved their ability to carry out original research in computational and theoretical biophysics
- More than 64 percent said the workshop significantly improved their computational skills
- 94 percent believed the experience taught techniques that were applicable to their careers
- · Over 82 percent thought the workshop was relevant to their research
- 100 percent said the hands-on tutorials were an important part of the learning process

Boston / December 2004

- Nearly 95 percent of the participants who responded said the workshop broadened their understanding of concepts and principles in computational and theoretical biophysics
- Almost 90 percent said the workshop improved their ability to carry out original research in computational and theoretical biophysics
- More than 83 percent said the workshop significantly improved their computational skills
- 100 percent believed the experience taught techniques that were applicable to their careers
- 97 percent thought the workshop was relevant to their research
- Almost 95 percent said the hands-on tutorials were an important part of the learning process

Lake Tahoe / May 2005

- 92 percent of the participants who responded said the workshop broadened their understanding of concepts and principles in computational and theoretical biophysics
- 93 percent said the workshop improved their ability to carry out original research in computational and theoretical biophysics
- 71 percent said the workshop significantly improved their computational skills
- 86 percent believed the experience taught techniques that were applicable to their careers
- 85 percent thought the workshop was relevant to their research
- 85 percent said the hands-on tutorials were an important part of the learning process

Chicago / June 2005

- 100 percent of the participants who responded said the workshop broadened their understanding of concepts and principles in computational and theoretical biophysics
- 85 percent said the workshop improved their ability to carry out original research in computational and theoretical biophysics
- 80 percent said the workshop significantly improved their computational skills
- 95 percent believed the experience taught techniques that were applicable to their careers
- · 95 percent thought the workshop was relevant to their research
- 100 percent said the hands-on tutorials were an important part of the learning process

San Francisco / June 2005

- 100 percent of the participants who responded said the workshop broadened their understanding of concepts and principles in computational and theoretical biophysics
- 84 percent said the workshop improved their ability to carry out original research in computational and theoretical biophysics
- 34 percent said the workshop significantly improved their computational skills
- 89 percent believed the experience taught techniques that were applicable to their careers
- 89 percent thought the workshop was relevant to their research.
- 95 percent said the hands-on tutorials were an important part of the learning process

"The speakers and the tutors at the hands-on sessions were willing to help us with everything. I felt that I would actually learn to do things and not just learn that they existed."

"Possibly the most valuable thing has been the opportunity to talk to more seasoned graduate students and post-docs who have provided me with a wealth of advice and ideas."

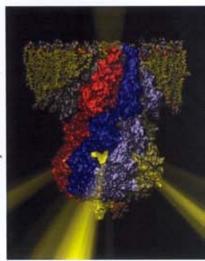
"The hands-on session was excellent. I was able to complete the tutorial, understand my results, and begin to ask questions of my own research based on what was taught thus far."

Appendix F: Sample announcement

This announcement was distributed to publicize the most recent workshop, held in San Francisco in June 2005.

The workshop will explore physical models and computational approaches used for the simulation of biological systems and the investigation of their function at an atomic level. The course will be based on case studies including the properties of membranes and membrane proteins, mechanisms of molecular motors, trafficking in the living cell through water and ion channels, and signaling pathways. Relevant physical concepts, mathematical techniques, and computational methods will be introduced, including force fields and algorithms used in molecular modeling, molecular dynamics simulations on parallel computers and steered molecular dynamics simulations.

The workshop is designed for graduate students and postdoctoral researchers in computational and/or biophysical fields who seek to extend their research skills to include computational and theoretical expertise, as well as other researchers interested in theoretical and computational biophysics. Theory sessions in the morning will be followed by hands-on computer labs in the afternoon in which students will be able to set up and run simulations. Enrollment limited to 20 participants.



Appendix G: Tutorial authors

Bioinformatics and Sequence Alignment

Felix Autenrieth Barry Isralewitz Zan Luthey-Schulten Taras Pogorelov Anurag Sethi

Bioinformatics of Aquaporins

Brijeet Dhaliwal Fatemeh Khalili Zan Luthey-Schulten Emad Tajkhorshid Elizabeth Villa

Evolution of Protein Structure - Aspartyl-tRNA Synthetase

Rommie Amaro Brijeet Dhaliwal Zan Luthey-Schulten Patrick O'Donoghue

NAMD Tutorial

Timothy Isgro James Phillips Marcos Sotomayor Elizabeth Villa

Parameterizing a Novel Residue

Rommie Amaro Brijeet Dhaliwal Zan Luthey-Schulten

Simulation of Water Permeation Through Nanotubes

Jordi Cohen Emad Tajkhorshid Fangqiang Zhu

Appendix H: Related websites

The Theoretical and Computational Biophysics Group

http://www.ks.uiuc.edu/

Visual Molecular Dynamics (VMD)

http://www.ks.uiuc.edu/Research/vmd/

NAMD, Scalable Molecular Dynamics

http://www.ks.uiuc.edu/Research/namd/

2003 Workshop Tutorials

http://www.ks.uiuc.edu/Training/SumSchool/labs.html

2004-2005 Workshop Tutorials

http://www.ks.uiuc.edu/Training/Tutorials/workshoptutorials/index.html

Appendix I: Laptop configuration

The computers used for the hands-on workshops were 21 Apple PowerBook G4 laptops:

Apple G4 1.33 GHz processors 768 MB RAM 60 GB hard drive 15.1 inch display

The software configuration included:

VMD 1.8.3a21 NAMD 2.5 Mathematica 5.0 MatLab 6.5.1.200223

